

It's all in the attitude

What is attitude? It is usually our definition. Normally when we describe someone, we use their physical features and their attitudes in addition. For example: "Do you know that tall, fair, brilliant and quiet girl?" Hardly is anyone described without an attitude or character trait being mentioned. The point is, our attitudes show others who we are.

Another thing about attitudes is that they are acquired and usually temporary; qualities may be inborn but attitudes are acquired from observing parents, friends, past experiences or even personal decisions. Therefore there is no attitudinal trait that cannot be changed, and by this I mean the negative ones. We all have things we fall short of, or are 'naturally' unable to do and have countless excuses we make for them.

"I am not a shark"

"I can't study for too long"

Truly all fingers are not alike and we are all not the same, but the fact is that you can be whoever you want to be and achieve whatever you want to achieve with one thing – the right attitude. We often attribute success to hard work, perseverance and determination but if you think carefully about this, it is actually an attitude of hard work, perseverance and determination that brings success. If you are hardworking or determined, it is certain actions and inactions of yours that would earn you these attributes; and so simply, it would be your attitude at work.

As you prepare to write your exams and as you live out each day of your lives, let a desire to always have an attitude that drives you to achieve, one that makes you a better person, be a part of you.

Cut off social media if you have to

Shred unnecessary friendships

Study for longer hours

Read more

And pray

Desires can be achieved; it's all in the attitude.